



# Second Ebenezer Church

## The Power of Prayer

### What Is Prayer?

Bishop Edgar L. Vann

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Prayer is divine communication and dialogue with God from your heart to God's ear.

What is our approach in prayer?

- Identify the Issue
- Discover the Principle
- Declare your need and inadequacy
- Trust God's Power to Answer

Prayer is primarily an internal process with an external manifestation.

*Example: Jesus in The Garden of Gethsemane (Matthew 26:36-45)*

Jesus' formula for prayer: Matthew 6:5-8, 14-18

### Three Benefits of Prayer

1. Prayer brings strength.
  - a. Teaches us unworthiness, humility, inadequacy, limited capacity, and our desperate need for God. God does not give favor and blessings without constraining us to rely and trust Him. This brings us strength



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- b. Isaiah 40:28-31
- 2. Prayer brings results; measurable outcomes.
  - a. 1<sup>st</sup> Kings 18:41-46
- 3. Prayer heals.
  - a. James 5:13-16