



Defending Your Joy

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- 1) Operate in unshakeable faith.
 - a. Hebrews 11:1
 - b. Matthew 9:20-22
 - c. Mark 11:22-24

- 2) Don't put yourself at risk for heart attacks.
 - a. Proverbs 4:23

- 3) Release unforgiveness.
 - a. Ephesians 4:26-27
 - b. Ephesians 4:31-32
 - c. Colossians 3:13
 - d. Galatians 6:1