



IT DOESN'T HURT ANYMORE

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MOVING ON



SECOND EBENEZER CHURCH

It Doesn't Hurt Anymore

John 20:17(KJV)

¹⁷ Jesus saith unto her, Touch me not; for I am not yet ascended to my Father: but go to my brethren, and say unto them, I ascend unto my Father, and your Father; and to my God, and your God.

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It Doesn't Hurt Anymore

1. Learn the value of your “Don't Touch Me” period.
2. Don't allow your care for others to contaminate you. Fresh wounds will bleed on you.
3. Stop looking for people to do what only God can do.

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John 20:19(KJV)

¹⁹ Then the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled for fear of the Jews, came Jesus and stood in the midst, and saith unto them, Peace be unto you.

4. God will show up, when you shut everything else out.

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John 20:24-25(KJV)

²⁴ But Thomas, one of the twelve, called Didymus, was not with them when Jesus came.

²⁵ The other disciples therefore said unto him, We have seen the LORD. But he said unto them, Except I shall see in his hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into his side, I will not believe.

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Q: Where are you (spiritually, emotionally, mentally)?

- **Maybe JESUS was not the only one scarred by what happened on the cross.**
- **There are people who are just as damaged as you, because they were present during the pain.**

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5. Don't allow your scars to make you selfish...You're not the only one hurting

John 20:27(KJV)

²⁷ Then saith he to Thomas, Reach hither thy finger, and behold my hands; and reach hither thy hand, and thrust it into my side: and be not faithless, but believing.

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6. Your scars should serve as a reminder of everything you have survived.

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