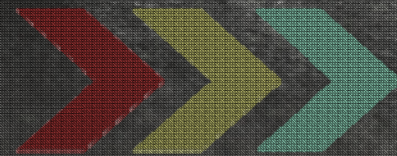


# SECOND EBENEZER CHURCH

## BREAKING BAD HABITS

Elder James Johnson  
May 4, 2016

MOVING ON





# Breaking Bad Habits

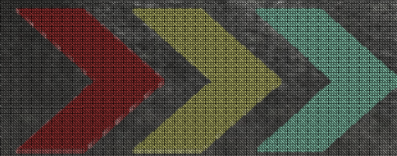
## 1. Confess It!

### Psalm 32:1-5 (NLT)

<sup>1</sup> Oh, what joy for those whose disobedience is forgiven, whose sin is put out of sight!

<sup>2</sup> Yes, what joy for those whose record the LORD has cleared of guilt, whose lives are lived in complete honesty!

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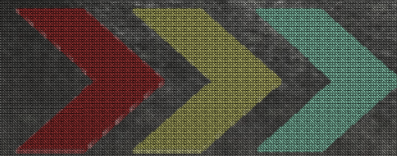
# Breaking Bad Habits

**<sup>3</sup> When I refused to confess my sin, my body wasted away, and I groaned all day long.**

**<sup>4</sup> Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat.**

**<sup>5</sup> Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, "I will confess my rebellion to the LORD." And you forgave me! All my guilt is gone.**

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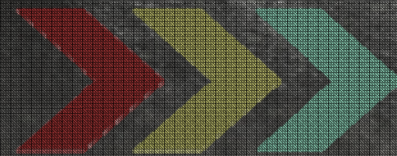
# Breaking Bad Habits

- **If a wound is going to heal properly, there comes a time when it must be exposed!**

## **2. Change your environment**

- **Limit your interactions with people who encourage your negative habits.**

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# Breaking Bad Habits

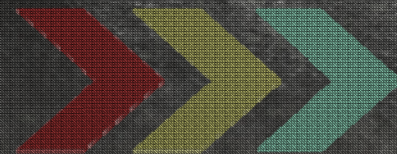
**Psalm 1:1-3 (KJV)** *(He will also reference Psalm 1:1NLT)*

**<sup>1</sup> Blessed is the man that walketh not in the counsel of the ungodly, nor standeth in the way of sinners, nor sitteth in the seat of the scornful.**

**<sup>2</sup> But his delight is in the law of the LORD; and in his law doth he meditate day and night.**

**<sup>3</sup> And he shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season; his leaf also shall not wither; and whatsoever he doeth shall prosper.**

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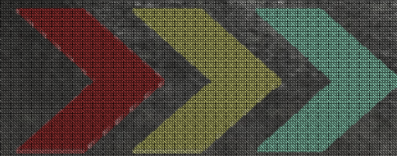


# Breaking Bad Habits

3. **Make your bad habit an inconvenience...Don't trust yourself when it comes to sin.**

**#StayAway**

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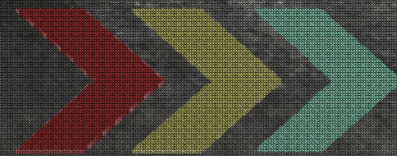
# Breaking Bad Habits

Philippians 3:2-3 (KJV)

<sup>2</sup> Beware of dogs, beware of evil workers, beware of the concision.

<sup>3</sup> For we are the circumcision, which worship God in the spirit, and rejoice in Christ Jesus, and have no confidence in the flesh.

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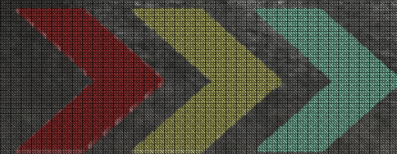


# Breaking Bad Habits

## 1<sup>st</sup> Corinthians 10:11-12 (MSG)

- 11 These are all warning markers—DANGER!—in our history books, written down so that we don't repeat their mistakes. Our positions in the story are parallel—they at the beginning, we at the end—and we are just as capable of messing it up as they were. Don't be so naive and self-confident. You're not exempt.**
- 12 You could fall flat on your face as easily as anyone else. Forget about self-confidence; it's useless. Cultivate God-confidence.**

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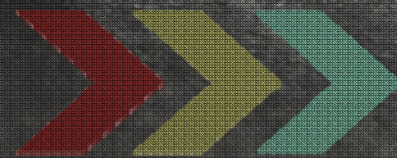


# Breaking Bad Habits

## 1<sup>st</sup> Corinthians 6:18 (KJV)

**1<sup>8</sup> Flee fornication. Every sin that a man doeth is without the body; but he that committeth fornication sinneth against his own body.**

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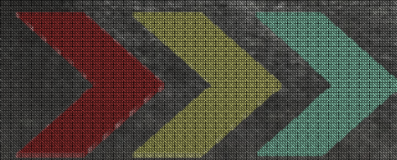
# Breaking Bad Habits

## 4. Fill the Void

### II Timothy 2:21 (KJV)

<sup>21</sup> If a man therefore purge himself from these, he shall be a vessel unto honour, sanctified, and meet for the master's use, and prepared unto every good work.

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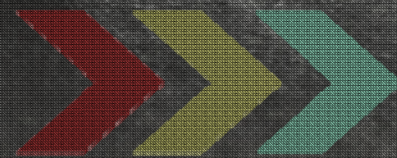




# Breaking Bad Habits

- **God desires to do more than empty you of your trash... He wants to fill you with more of HIM!**
- **Staying empty makes you vulnerable and more likely to return to sin.**

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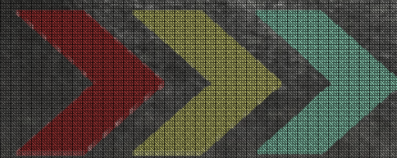
# Breaking Bad Habits

## 5. Don't be afraid to fall

### Proverbs 24:15-16(MSG)

- 15 Don't interfere with good people's lives; don't try to get the best of them.**
- 16 No matter how many times you trip them up, God-loyal people don't stay down long; Soon they're up on their feet, while the wicked end up flat on their faces.**

MOVING ON





# Breaking Bad Habits

- You don't become a failure by falling down... A failure is one who makes a conscious decision not to get back up!

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